



## **Environmental Indicators**

- Accompanied by another person who answers for them, preventing them from speaking freely
- Constantly accompanied by a person who won't leave them alone
- In school settings, changes in behavior, students no longer coming to school when they should, wearing the wrong clothing based on the season
- Living at work or living in overcrowded locations
- Not allowed to take adequate breaks, eat, or drink at work
- Recruited for different work than currently doing
- Minors experiencing homelessness and/or those not living with relatives or foster parents (i.e., living in motel, living with non-relatives who are several years older)
- Sexual harassment at work

## **Emotional Trauma Indicators**

- Anxiety
- Emotional numbness
- Anger
- Depression
- Guilt
- Shame
- Fear
- Avoidance

## **Cognitive Trauma Indicators**

- Inability to concentrate
- Memory lapses
- Learned helplessness
- Increased distraction
- Intrusive thoughts
- Dissociation
- Cognitive errors
- Flashbacks

## **Physical Trauma Indicators**

- Low energy
- Hyperarousal
- Hypoarousal
- Paleness
- Lethargy
- Somatic complaints
- Lack of coordination or balance
- Headaches
- Digestive complaints

## **Behavioral Trauma Indicators**

- Substance and alcohol use
- Eating disorders
- Compulsive behaviors
- Changes in interpersonal relationships
- Anger-related issues
- Isolation and detachment from others

## **Department of Unity Official Document**

Posted and Created by GCIS Special Missions IOCT  
Visit [gcis.agency/trafficking](http://gcis.agency/trafficking) for more information

[departmentofunity.org](http://departmentofunity.org)  
(949)412-4115